



1350 Oak Ridge Turnpike
Oak Ridge, TN 37830



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**Thank You
For
Your Support!**

KEYSTONE ADULT DAY PROGRAM

PARTNERS IN DEMENTIA CARE

Creating moments of joy, purpose and community that honor the human spirit.



100% of your donations go toward Keystone's Scholarship Program

Keystone routinely provides some level of scholarship for 30-40% of its participants

Dementia care costs over \$12k more annually than care for an individual who does not have dementia.

"Everyone in my family says she is more outgoing than she used to be because of being around people at Keystone. If she is happier, then I am also happier."

Keystone Caregiver

How Can You Help?

- Donate online at www.keystonetn.org
- Mail your donation to Keystone Adult Day Program, 1350 Oak Ridge Turnpike, Oak Ridge, TN 37830. Please make checks payable to: Keystone-FUMC
- Bring your donation to the Keystone office. All donations are tax deductible to the fullest extent of the law.

Thank You For Your Support!

Carrying the Load

“Sometimes, it’s not the load that breaks you down, it’s the way you carry it.” C.S. Lewis

An integral part of Keystone’s mission is to partner with caregivers who need respite and thus help carry the load inherent in providing care for those living with dementia. It is a load laden with numerous challenges ranging from physical and emotional exhaustion to unrelenting loss and financial strain. Attempting to carry it alone can have dire consequences.

The 2024 Alzheimer’s Facts and Figures reports that 18% of spousal caregivers die before their partners with dementia. When inadequate financial resources to pay for needed support are an added weight, the caregiving load can quickly become impossible to carry.

There are seven million Americans living with dementia which translates to over eleven million caregivers doing their best to provide care 24 hours a day, seven days a week. No one can do it alone and the adage “it takes a village” could not ring truer. Keystone has been a part of this village for over 36 years and has never turned anyone away for the inability to pay. Keystone routinely provides scholarships for 30-40% of its participants.

That is where **YOU** come into the picture! You play a critical role in helping carry the load as 100% of your generous contributions go directly to Keystone’s Scholarship Program. **YOUR** support makes it possible for those who lack adequate resources to access adult day programming and get the relief they desperately need. **YOUR** donations make a real and tangible difference in the lives of those living with dementia and their caregivers.

This is achievable because of **YOUR** belief in Keystone’s mission, and we are immeasurably grateful for your unwavering support. Together, we can partner with caregivers to help lighten their load and make it possible for them to reclaim a life of quality for themselves and those they love. This village needs **YOU!**

With gratitude,

Phyllis Spangler

Executive Director
Keystone Adult Day Program



7th Annual Carry the Stone
A fundraiser
to benefit scholarships
**Keystone Adult
Day Program**
September 16, 2024

HERE IS MY DONATION

Name _____

Address _____

Email address _____

___\$50 ___\$100 ___\$300 ___\$500 Other _____

*You may designate your donation
“In Memory Of” or **“In Honor Of”**
Please mail your donation to:
Keystone Adult Day Program
1350 Oak Ridge Turnpike, Oak Ridge, TN 37830
Or go to www.keystonetn.org to make your donation.