

Keystone Staff

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Phyllis Spangler
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Care Companions

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Debbie Clark
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FUMC Staff Liaison
Rev. Jenny Caughman

Keystone Caregiver Support Group

Thursday, March 9, 12:30pm

Professionals trained in dementia care and other caregivers will give you tools to help you manage your caregiving journey. Targeted topics will include Hospice, Elder Law, Assisted Living, Long Term Care Decisions and More!

Facilitator: Phyllis Spangler
First United Methodist Church
1350 Oak Ridge Turnpike
Oak Ridge, TN 37830
Room 202

For more information, call Phyllis at 483-6631



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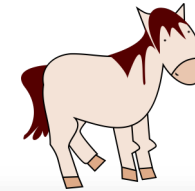


Keynotes

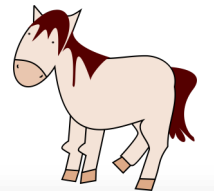
KEYSTONE ADULT DAY PROGRAM

PARTNERS IN DEMENTIA CARE

March 2023



Horsing Around!



We had a magical visit with the mini horses from Shangri-La Therapeutic Academy of Riding. Participants, volunteers, staff and children from First Steps all enjoyed the close-up interaction with these lovable little equines. There was an abundance of fun as Bentley and Eddie visited with everyone and got lots of rubs and attention. Thank you S.T.A.R. for bringing the joy!



**Keystone will be closed
March 16 and 17 for Staff Training.**



Ballooodle!

What do you get when you combine pool noodles and a balloon? Ballooodle, of course. It's one of our favorite afternoon recreational games which promotes movement, eye-hand coordination, social interaction, and above all, FUN!



"The butterfly counts not months but moments, and has time enough."
Rabindranath Tagore

Donations

Bob and Carolyn Henderson
Vicki Hinkel
Karen Pelchar
Danford and Kimberly Afong
John and Jenny Caughman
Patty Murphy
David and Betty Lou Alspaugh
Linda Bowen
Becky Szymanski
Gielda Reese
Diane Ritter
Richard and Lucretia Pack
Steve and Rose Anne Bell
Bonnie Schreiber
Joyce McManus
Sharon Bowland
Judy Stroud
Janet Stroud
Princess Haas
Seth O'Kegley-Gibson
Marlene Ericson
Linda Goodwin
Mark Flynn
Dean Niehaus

Donations

Janice Melcher
Bruce Spangler
Jane Grossbeck
Debbie Shepherd
Laura Jones

In Honor Of

Joan Madden
By
Campbell Veazey

Wish List

- Large punch ball balloons
- Crayola Washable Glue (4 oz)
- Glue Sticks
- Clear Scotch Tape
- Sticky Tack
- Yellow Play-Doh

*Thank
You*